



HOPE LUTHERAN DAY SCHOOL

A MINISTRY OF HOPE LUTHERAN CHURCH

Lunch Menu: Nov 2023 Mon. Oct 30 – Fri. Dec 1, 2023

Monday	Tuesday	Wednesday	Thursday	Friday
Oct 30	Oct 31	Nov 1	Nov 2	Nov 3
Hummus, Turkey Strips, Pita Bread & Veggie Sticks Fruit & Milk	Chicken & Pineapple Fried Rice Fruit & Milk	Stir Fried Noodles w/ Cabbage & Pork Fruit & Milk	Pasta w/ Ground Beef in Red Sauce. Boiled Broccoli Fruit & Milk	Salmon & Veggie Fried Rice Fruit & Milk
Nov 6	Nov 7	Nov 8	Nov 9	Nov 10
Macaroni & Cheese Fruit & Milk	Stewed Pork & Veggies w/ Rice Fruit & Milk	Chicken Nuggets & Tater Tots Fruit & Milk	Pasta w/ Ground Beef in Red Sauce. Boiled Broccoli Fruit & Milk	School Closed Veterans Day Observed
Nov 13	Nov 14	Nov 15	Nov 16	Nov 17
Hummus, Turkey Strips, Pita Bread & Veggie Sticks Fruit & Milk	Rice w/ Pork, Tofu, & Veggies Veggies/Fruit & Milk	Hard boiled Egg, Turkey Strips, Edamame, Carrots, & Roll Fruit & Milk	Pasta w/ Ground Turkey in cream sauce. Boiled Broccoli Fruit & Milk	Chicken Noodle Soup w/ Veggie & Roll Fruit & Milk
Nov 20	Nov 21	Nov 22	Nov 23	Nov 24
Macaroni & Cheese Fruit & Milk	Stir Fried Noodles w/ Cabbage & Pork Fruit & Milk	Pasta w/ Ground Beef in Red Sauce. Boiled Broccoli Fruit & Milk	School Closed Thanksgiving	School Closed Thanksgiving
Nov 27	Nov 28	Nov 29	Nov 30	Dec 1
Hummus, Turkey Strips, Pita Bread & Veggie Sticks Fruit & Milk	Rice w/ Pork, Tofu, & Veggies Fruit & Milk	Pasta w/ Ground Turkey in cream sauce. Boiled Broccoli Fruit & Milk	Chicken Nuggets & Tater Tots Fruit & Milk	Chicken Noodle Soup w/ Veggie & Roll Fruit & Milk