



HOPE LUTHERAN DAY SCHOOL

A MINISTRY OF HOPE LUTHERAN CHURCH

Lunch Menu: October 2026

**** Note: Menu items are subject to change based on product availability**

Monday	Tuesday	Wednesday	Thursday	Friday
Oct 5	Oct 6	Oct 7	Oct 8	Oct 9
Macaroni & Cheese Corn Fruit & Milk	Rice w/ Pork, Tofu & Mixed Veggies Fruit & Milk	Pasta w/ Ground Beef in Red Sauce. Boiled Broccoli Fruit & Milk	Chicken Noodle Soup w/ Pea & Carrot & Roll Fruit & Milk	Stir Fried Noodles w/ Cabbage & Turkey Ham Fruit & Milk
Oct 12	Oct 13	Oct 14	Oct 15	Oct 16
Hard boiled Egg, Turkey Strips, Edamame, Baby Carrots & Roll Fruit & Milk	Salmon with Pea & Carrot Fried Rice Veggies/Fruit & Milk	Chicken Nuggets & Tater Tots/Fries Fruit & Milk	Pasta w/ Ground Turkey in cream sauce. Boiled Broccoli Fruit & Milk	Chicken Salad Sandwich Edamame & Carrot Fruit & Milk
Oct 19	Oct 20	Oct 21	Oct 22	Oct 23
Macaroni & Cheese Corn Fruit & Milk	Rice w/ Pork, Tofu & Mixed Veggies Fruit & Milk	Chicken Noodle Soup w/ Pea & Carrot & Roll Fruit & Milk	Pasta w/ Ground Beef in Red Sauce. Boiled Broccoli Fruit & Milk	Chicken & Pineapple Fried Rice Fruit & Milk
Oct 26	Oct 27	Oct 28	Oct 29	Oct 30
Avocado spread, Turkey Strips, Pita Bread & Edamame & Carrot Fruit & Milk	Salmon with Pea & Carrot Fried Rice Fruit & Milk	Chicken Salad Sandwich Edamame & Carrot Fruit & Milk	Pasta w/ Ground Turkey in cream sauce. Boiled Broccoli Fruit & Milk	Rice w/ Pork, Tofu & Mixed Veggies Fruit & Milk